October is Breast Cancer Awareness Month

When breast cancer is detected early, and is in the localized stage, the 5-year relative survival rate is 100%.

The best way to fight breast cancer is to have a plan that helps you detect the disease in its early stages. Create your Early Detection Plan to receive reminders to do breast self-exams, and schedule your clinical breast exams and mammograms based on your age and health history. Start now by creating a FREE Early Detection Plan at earlydetectionplan.org



4 Seasons
Floral & Gifts
Newport

H & R Block Dover-Foxcroft

Emery's Meat Market Newport

Varney Chevrolet Pittsfield

Ted's Master Cleaning Dover-Foxcroft Bud's Shop 'n Save Dexter Harris Drug Store Greenville

Dexter Print
Shop
Dexter

Morrison's Garage Harmony

Newport Fireworks Newport

Dexter American Legion Dexter Kimball Insurance Guilford

C.A. Dean Memorial Hospital Greenville

Dexter Variety Dexter

Lovell's Hardware Guilford Spring Street Greenhouse Dexter

Gerry's Used Cars Corinna Guilford Motors Guilford

Gilman Electric
Newport

Dexter VFW
Dexter

BB's Tattoo Newport

Rowell's Garage Dover-Foxcroft

Weyerhaeuser Greenville Brooks Tire & Auto Sales

Dexter

Theriault Property
Management
Rockwood

Through the Garden Gate Corinna

Hardwood
Products & Puritan
Medical Products
Guilford

Dexter Lumber
Dexter

H. A. Higgins Charleston

Harmon's Oil Milo

Berg Activewear Corinna Town of Milo Milo

Steinke & Caruso

Dental Care

Dover-Foxcroft

Hartley's Newport Mid Maine Metal Corinna Earl Gerrish & Sons, Inc.
Brownville

Al Benner Homes Holden

DonutsDexter • Dover-Foxcroft,
Palmyra

Dunkin'

The Crafty
Space
Dexter

Perkco Supply Exeter

King's Appliances & Floor Coverings Newport Sebasticook
Valley FCU
Pittsfield • Newport

Foxcroft
Veterinary Clinic
Dover-Foxcroft

Ladd Brothers

Engineworks

Sebec

Ingraham Equipment Co. Knox

Lumbra

Hardwood, Inc.

Newport Eye Care Newport

Abbott Hill Apartments
Dexter

C & R General Store

Harmony

Milo

Varney Ford Newport

Rudmin
Dexter
Blackwell

Insurance

Dexter • Corinth

Dr. Gerrard

A-Plus Motors

Alton

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Reddy Health
Center
Dexter